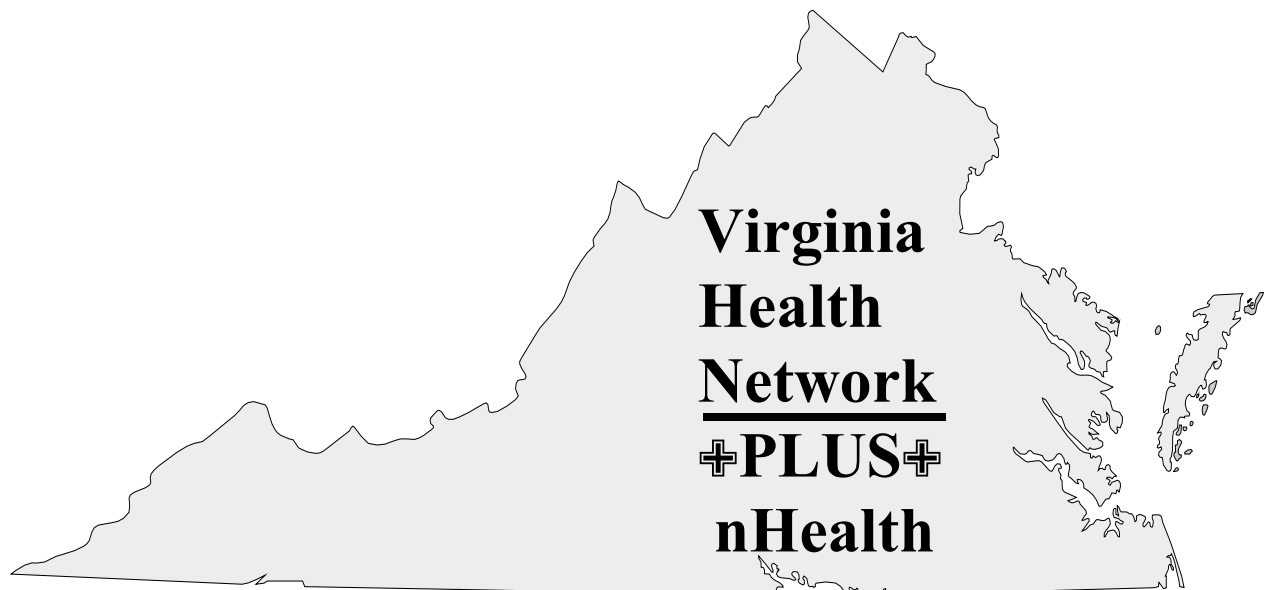


Directory of Physicians and Other Health Professionals February 2010

Fredericksburg / Culpeper Area



For The Most Up-To-Date Provider Information Visit Our Web Site At WWW.VHN.COM

IMPORTANT NOTE

- This list was current at the time of printing. However, providers are added and deleted on a daily basis. It is suggested that a provider's continued participation be verified each time an appointment or referral is made by calling Virginia Health Network at 320-3837 in Richmond or 1-800-989-3837 outside the Richmond calling area. The patient should also confirm a provider's participation at the time of service.
- The inclusion of providers in this directory is not a guarantee of benefits. For detailed benefit information please refer to insurance plan booklet or call the insurance company.
- Not all payors contract for access to all Virginia Health Network service areas. If you are unsure of your service area, contact your payor for verification of those VHN service areas that are being accessed.
- Receiving services from a PPO hospital does not guarantee that all charges will be paid at the PPO level.
 - Hospital emergency rooms may be staffed by non-PPO providers.
 - Anesthesiologists, radiologists, and/or pathologists may provide services at a network hospital, but may not be under contract by the network.

VIRGINIA HEALTH NETWORK, INC.
Hospitals and Miscellaneous Providers
FEBRUARY 2010
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FREDERICKSBURG / CULPEPER AREA

**PARTICIPATING
HOSPITALS**

Culpeper Regional Hospital

501 Sunset Lane
Culpeper, VA 22701
540-829-4100

Mary Washington Hospital

1001 Sam Perry Boulevard
Fredericksburg, VA 22401
540-741-1100

Stafford Hospital

101 Hospital Center Boulevard
Stafford, VA 22554
540-741-9000

**AMBULATORY SURGICAL
CENTERS**

Central Virginia Surgi-Center

12 Chatham Heights
Fredericksburg, VA 22405
540-371-5349

Culpeper Surgery Center

541 Sunset Lane
Culpeper, VA 22701
540-829-0700

Fredericksburg Ambulatory Surgery Cntr.

1201 Sam Perry Boulevard
Suite 101
Fredericksburg, VA 22401
540-741-7000

DURABLE MEDICAL EQUIPMENT

Apria Pharmacy Network

2150 N. Trabajo Drive
Suite A
Oxnard, CA 93030
888-777-6610

Culpeper Pharmacy

261 Southgate Shopping Center
Culpeper, VA 22701
540-672-1241

DJO

Refer to www.DJOglobal.com
800-336-6569

Lincare - Multiple Locations

Refer to www.Lincare.com

Roberts Home Medical

340 M Hill Carter Parkway
Ashland, VA 23005
804-798-4600
800-752-7317

HOME HEALTH

Family Care Home Health

610 Laurel Street
Culpeper, VA 22701
540-829-4140

**Mary Washington Hospital
Home Health**

5012 Southpoint Parkway
Fredericksburg, VA 22407
540-741-1667

Stafford Hospital

101 Hospital Center Boulevard
Stafford, VA 22554
540-741-9000

HOSPITALISTS

The Hospitalists at the following hospitals
participate with Virginia Health Network:

**Mary Washington Hospital
Stafford Hospital**

HOSPICE

Family Care Home Health

610 Laurel Street
Culpeper, VA 22701
540-829-4140

Mary Washington Hospice

5012 Southpoint Parkway
Fredericksburg, VA 22407
540-741-3580

INFUSION THERAPY

Lincare - Multiple Locations

Refer to www.Lincare.com

LABORATORIES

Carilion Labs

Multiple Locations
Refer to www.carilionlabs.com
1-800-653-2205

Dianon Systems

Multiple Locations
Refer to www.dianon.com

LabCorp

Multiple Locations
1-888-LabCorp
Refer to www.labcorp.com

Quest Diagnostics, Inc.

For locations call
1-800-377-8448
To schedule an appointment go to
www.questdiagnostics.com/patient
or call 1888-277-8772

Mary Washington Hospital Lab

1001 Sam Perry Boulevard
Fredericksburg, VA 22401
540-899-1100
(Billed by Hospital)

NEONATOLOGISTS

Most Neonatologists at the following hospitals
and participate with Virginia Health Network:

**Mary Washington Hospital
Stafford Hospital**

PSYCHIATRIC HOSPITALS

Snowden at Fredericksburg

1200 Sam Perry Boulevard
Fredericksburg, VA 22401
540-741-3900

RADIOLOGY CENTERS

Most Radiologists at the following hospitals and
facilities participate with Virginia Health
Network:

**Culpeper Regional Hospital
Mary Washington Hospital
Stafford Hospital**

Medical Imaging at Lee's Hill

10401 Spotsylvania Avenue
Suite 101
Fredericksburg, VA 22408
540-741-7025

Medical Imaging of Fredericksburg

1101 Sam Perry Boulevard
Suite 311
Fredericksburg, VA 22401
540-741-7025

Medical Imaging of North Stafford

125 Woodstream Boulevard
Suite 109
Stafford, VA 22556
540-741-7025

VIRGINIA HEALTH NETWORK, INC.
Hospitals and Miscellaneous Providers

FEBRUARY 2010

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(CONTINUED)

FREDERICKSBURG / CULPEPER AREA

REHABILITATION HOSPITALS

**HealthSouth Rehabilitation Hospital
of Fredericksburg**

300 Park Hill Drive
Fredericksburg, VA 22401
540-368-7593

RESPIRATORY THERAPY

Apria Pharmacy Network

2150 N. Trabajo Drive
Suite A
Oxnard, CA 93030
888-777-6610

Lincare - Multiple Locations
Refer to www.Lincare.com

**DIABETIC
SUPPLIES**

Disetronic Medical Systems

5151 Program Avenue
St. Paul, MN 55112
1-800-280-7801

Liberty Medical Supply

(Mail Order Only)
2157 Apperson Drive
Salem, VA 24153
888-306-7337 (toll free)

8883 Liberty Lane
Port St. Lucie, FL 34952
888-306-7337 (toll free)

THERAPY CENTERS

Most Physical Therapists at the following
hospitals and facilities participate with the
Virginia Health Network:

Mary Washington Hospital

**Children's Hospital Fredericksburg
Therapy Center**

10530 Spotsylvania Avenue
Suite 102
Fredericksburg, VA 22408
540-891-4485
(billed by hospital)

**Powell Wellness Center
Physical Therapy and Outpatient**

1005 Golf Drive
Culpeper, VA 22701
540-829-4162
(Billed by Hospital)

**Madison Physical Therapy
and Rehab**

2689 South Seminole Trail
Madison, VA 22727
540-548-3620
(Billed by Hospital)

Rehabilitation Services of North Stafford

422 Garrisonville Road
Suite 103
Stafford, VA 22554
540-288-2529
(Billed by Hospital)

URGENT CARE CENTERS

Stafford Urgent Care

422 Garrisonville Road
Suite 111
Stafford, VA 22554
540-720-8000

O				
Olson, Carol A., LPC			Wolfe, Warren, DO	FAMILY PRACTICE
Olsovsky, Greg D., MD +18	MENTAL HEALTH COUNSELING		Wong, Peter W., MD	GASTROENTEROLOGY
	CARDIOVASCULAR DISEASE		Wong, Peter W., MD	INTERNAL MEDICINE
			Woods, Christina K., LCSW	MENTAL HEALTH COUNSELING
P				
Paquette, Joseph O., MD		FAMILY PRACTICE	Yi, Sok, MD	PULMONARY DISEASES
Parker, Karen, MD		OB-GYN		
Pfeffer, David M., MD		UROLOGY		
Pickett, DawnCherri, MD		FAMILY PRACTICE		
R				
Rafala, Cynthia R., LPC	MENTAL HEALTH COUNSELING		Zarzuela, Joel C., DPM	PODIATRY
Rafala, Gary T., LPC	MENTAL HEALTH COUNSELING		Zijerdi, David A., MD	ORTHOPEDIC SURGERY
Rajan, Rajith, MD	FAMILY PRACTICE		Zindel, Scot C., DPM	PODIATRY
Redmon, Bruce, MD	OTOLARYNGOLOGY			
Redmon, Robert B., MD	OTOLARYNGOLOGY			
Reese, William A., MD	GENERAL PRACTICE			
Reid, Yolanda G., MD	FAMILY PRACTICE			
Reigel, Craig A., MD	ORTHOPEDIC SURGERY			
Reynolds, Thomas E., MD	FAMILY PRACTICE			
Roshandel, Zia, MD	CARDIOVASCULAR DISEASE			
Rugg, Carmen T., OT +6	OCCUPATIONAL THERAPY			
Rutkowski, Robert, MD	ORTHOPEDIC SURGERY			
Rutsky, Robin, LCSW +16	MENTAL HEALTH COUNSELING			
Ryan, Bradley C., MD	GENERAL SURGERY			
S				
Santinga, Angela, OD	OPTOMETRY			
Schmitt, James L., DO	PEDIATRICS			
Scripps, Mark L., DPM	PODIATRY			
Seidner, Scott J., MD	CARDIOVASCULAR DISEASE			
Sell, Scott M., MD	UROLOGY			
Shotwell, Alan J., OD	OPTOMETRY			
Smith, Aracoma S., LCSW	MENTAL HEALTH COUNSELING			
Snow, Frank R., MD	CARDIOVASCULAR DISEASE			
Sokolow, David P., MD	ORTHOPEDIC SURGERY			
Spivey, John C., MD	GASTROENTEROLOGY			
Spivey, John C., MD	INTERNAL MEDICINE			
Squillante, Robert G., MD	ORTHOPEDIC SURGERY			
Staik, Athena, LPC	MENTAL HEALTH COUNSELING			
Starkie, Carrie J., MD	PEDIATRICS			
Stein, Charles A., MD	PEDIATRICS			
Stergis, George N., MD	NEUROLOGY			
Stine, Larry L., DC	CHIROPRACTIC MEDICINE			
Suresh, Sumana, MD	PSYCHIATRY			
Suter, Jr., Charles F., MD +14	INTERNAL MEDICINE			
Suthar, Bhavin, MD	PAIN MANAGEMENT			
Szlyk, Gregory R., MD	UROLOGY			
T				
Tarter, Yasmin L., MD	FAMILY PRACTICE			
Terrell, Ilene S., DPM	PODIATRY			
Thomas, Ruby, MD	PSYCHIATRY			
V				
Vignola, Susan, LCSW	MENTAL HEALTH COUNSELING			
Vu, Anh D., MD +18	CARDIOVASCULAR DISEASE			
W				
Wagner, Bonny M., OT	OCCUPATIONAL THERAPY			
Walker, Scott E., MD	OB-GYN			
Wallace, III, Brevard M., MD	FAMILY PRACTICE			
Ward, William B., DC	CHIROPRACTIC MEDICINE			
Werner, Susan J., MD	PEDIATRICS			
Whitehurst, Lawrence R., MD	FAMILY PRACTICE			
Wicker, Donna C., MD	OB-GYN			
Wicker, Jr, Henry S., MD	GENERAL SURGERY			
Williams, Russell W., MD	FAMILY PRACTICE			
Wisor, Douglas W., MD	PHYSICAL MEDICINE & REHABILITATION			

VIRGINIA HEALTH NETWORK, INC.
Participating Physicians and Other Health Professionals
FEBRUARY 2010
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FREDERICKSBURG / CULPEPER AREA

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 540-373-1331

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 540-785-7810

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 540-657-9441

700 McKinney Boulevard
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 Colonial Beach, VA 22443
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Warren Wolfe, DO
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 540-710-1086

GASTROENTEROLOGY

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 540-825-4004

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 540-371-7600

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DISEASE**

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 540-373-1331

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 540-373-1331

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 540-825-5491

Jonathan D. Brooks, DC
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 540-825-5491

Peter Goodfield, DC
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 540-825-8867

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 540-373-5040

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 5444 Southpoint Plaza Way
 Fredericksburg, VA 22407
 540-898-1692

Larry L. Stine, DC
 117 Redwood Drive
 Fredericksburg, VA 22408
 540-898-4100

William B. Ward, DC
 774 Warrenton Road
 Fredericksburg, VA 22406
 540-371-0474

**COLON/RECTAL
SURGERY**

Robert Golub, MD
 541 Sunset Lane
 Suite 303
 Culpeper, VA 22701
 540-825-2600

Farrukh M. Jafri, MD
1101 Sam Perry Boulevard
Suite 121
Fredericksburg, VA 22401
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Dong H. Lee, MD
1031 Care Way
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540-371-7600

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2601 Fall Hill Avenue
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540-371-7600

Peter W. Wong, MD
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540-371-7600

GENERAL PRACTICE

Roberto R. Canizares, MD
11399 Ridge Road
King George, VA 22485
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Rapidan, VA 22733
540-854-5147

William A. Reese, MD
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Fredericksburg, VA 22408
540-710-1086

GENERAL SURGERY

Darlene K. Blanchard, MD
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Fredericksburg, VA 22408
540-373-2244

1201 Sam Perry Boulevard
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Richard C. Earnhardt, MD
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Mark B. Gloudeman, MD
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540-825-2600

Robert Golub, MD
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Suite 303
Culpeper, VA 22701
540-825-2600

Bradford L. King, MD
4548 Empire Court
Fredericksburg, VA 22408
540-373-2244

Bradley C. Ryan, MD
4548 Empire Court
Fredericksburg, VA 22408
540-373-2244

Henry S. Wicker, Jr, MD
1101 Sam Perry Boulevard
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INTERNAL MEDICINE

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4900 Plank Road
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540-371-7600

MENTAL HEALTH COUNSELING

Sharon B. Brani, LPC
700 Southridge Parkway
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Culpeper, VA 22701
540-825-1134

Wendy S. Carroll, LPC
40 Commerce Lane
Suite C
Rochelle, VA 22738
540-948-4500

Willis H. Gay, LPC
385 Garrisonville Road
Suite 113
Stafford, VA 22554
540-657-1228

Joe T. Johnson, LCSW
1701 Fall Hill Avenue
Suite 101
Fredericksburg, VA 22401
540-735-9897

Shirley A. Kinneman, LCSW
155 East Davis Street
Culpeper, VA 22701
540-825-7725

Emily D. Meadows, LCSW
1200 Sunset Lane
Suite 2122
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540-825-2788

Ronald E. Nolley, LCSW
1200 Sunset Lane
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Culpeper, VA 22701
540-825-2788

Carol A. Olson, LPC
2601 Princess Anne Street
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Fredericksburg, VA 22401
540-371-1666

Cynthia R. Rafala, LPC
139 West Davis Street
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540-829-0036

Gary T. Rafala, LPC
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Culpeper, VA 22701
540-829-0036

Robin Rutsky, LCSW +16
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Fredericksburg, VA 22401
540-368-3011

Aracoma S. Smith, LCSW
3715 Latimers Knoll Court
Suite 106
Fredericksburg, VA 22408
540-361-1844

Athena Staik, LPC
412 Chatham Square Office Park
Fredericksburg, VA 22405
540-899-9826

Susan Vignola, LCSW
200 Sunset Lane
Suite 2122
Culpeper, VA 22701
540-825-9566

Christina K. Woods, LCSW
713 Westwood Office Park
Fredericksburg, VA 22401
540-361-1844

NEUROLOGY

George N. Stergis, MD
610 Laurel Street
Culpeper, VA 22701
540-829-0234

362 Madison Road
Orange, VA 22960
540-672-2479

OB-GYN

Karl Beier, MD
541 Sunset Lane
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Culpeper, VA 22701
540-825-4557

Melissa A. Delgado, MD
541 Sunset Lane
Suite 301
Culpeper, VA 22701
540-825-4557

Peter E. Godfrey, MD
541 Sunset Lane
Suite 301
Culpeper, VA 22701
540-825-4557

Karen Parker, MD
633 Sunset Lane
Suite D
Culpeper, VA 22701
540-825-7410

4376 Germanna Highway
Locust Grove, VA 22508
540-972-0823

Scott E. Walker, MD
1101 Sam Perry Boulevard
Suite 401
Fredericksburg, VA 22401
540-899-5864

Donna C. Wicker, MD
12101 Carol Lane
Fredericksburg, VA 22401
540-785-7810

**OCCUPATIONAL
THERAPY**

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9530 Cosner Drive
Suite 100
Fredericksburg, VA 22408
540-898-9141

Carmen T. Rugg, OT +6
2800 Wellford Street
Suite 202
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540-373-6320

Bonny M. Wagner, OT
663 Sunset Lane
Culpeper, VA 22701
540-825-5362

OPHTHALMOLOGY

Russell Brear, MD
633 Sunset Lane
Suite E
Culpeper, VA 22701
540-825-3655

OPTOMETRY

Jan R. Barklund, OD
633 Sunset Lane
Suite E
Culpeper, VA 22701
540-825-3655

James A. Elias, OD
800 Sunset Lane
Suite A
Culpeper, VA 22701
540-825-6676

Craig G. Hoover, OD
691 Laurel Street
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540-825-0541

Angela Santinga, OD
663 Sunset Lane
Suite E
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540-825-3655

Alan J. Shotwell, OD
123 West Davis Street
Culpeper, VA 22701
540-825-0541

**ORTHOPEDIC
SURGERY**

Kenneth J. Accousti, MD
3310 Fall Hill Avenue
Fredericksburg, VA 22401
540-373-4602

90 Greenspring Drive
Stafford, VA 22554
540-373-4602

Benjamin F. Allen, Jr, MD
663 Sunset Lane
Culpeper, VA 22701
540-825-5362

Wahid M. Baqaie, MD
663 Sunset Lane
Culpeper, VA 22701
540-825-5362

Kostas J. Constantine, MD
3310 Fall Hill Avenue
Fredericksburg, VA 22401
540-373-4602

90 Greenspring Drive
Stafford, VA 22554
540-657-2925

Robert F. De Blasi, MD
3310 Fall Hill Avenue
Fredericksburg, VA 22401
540-373-4602

90 Greenspring Drive
Stafford, VA 22554
540-373-4602

John P. Ketz, MD
3310 Fall Hill Avenue
Fredericksburg, VA 22401
540-372-4602

90 Greenspring Road
Stafford, VA 22554
540-657-2925

Brian T. McDermott, MD
3310 Fall Hill Avenue
Fredericksburg, VA 22401
540-373-4602

90 Greenspring Drive
Stafford, VA 22554
540-373-4602

Craig A. Reigel, MD
663 Sunset Lane
Culpeper, VA 22701
540-825-5362

Robert Rutkowski, MD
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Culpeper, VA 22701
540-825-5362

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Fredericksburg, VA 22401
540-373-4602

90 Greenspring Drive
Stafford, VA 22554
540-373-4602

Robert G. Squillante, MD
3310 Fall Hill Avenue
Fredericksburg, VA 22401
540-373-4602

90 Greenspring Drive
Stafford, VA 22554
540-373-4602

David A. Zijerdi, MD
3310 Fall Hill Avenue
Fredericksburg, VA 22401
540-372-4602

90 Greenspring Road
Stafford, VA 22554
540-657-2925

OTOLARYNGOLOGY

Giancarlo Chiancone, MD
1101 Sam Perry Boulevard
Suite 121
Fredericksburg, VA 22401
540-368-5350

Bruce Redmon, MD
633 Sunset Lane
Suite B
Culpeper, VA 22701
540-825-4575

Robert B. Redmon, MD
633 Sunset Lane
Suite B
Culpeper, VA 22701
540-829-8484

PAIN MANAGEMENT

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540-374-3233

90 Greenspring Drive
Stafford, VA 22554
540-373-4602

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633 Sunset Lane
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540-659-0111

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Fredericksburg, VA 22407
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Fredericksburg, VA 22407
540-368-7835

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